

SELECT WORLD TRAVEL – AUSTRALIA

AMAZING BORNEO – SARAWAK & SABAH DISCOVERY Fixed Departures January - October 2022

OVERVIEW

Agent	SELECT WORLD TRAVEL (Europe Holidays) – Ms. Angelique Sinclair
Group size	2 - 15 Pax
Period / Date	January - October 2022
Duration	12 days / 11 nights
Guide	English speaking guide
Destination	BORNEO – SARAWAK & SABAH / MALAYSIA



ITINERARY IN BRIEF

DAY 1: SARAWAK/KUCHING - ARRIVAL	[-/-/-]
DAY 2: KUCHING – SEMENGAH ORANG UTAN & KAYAKING	[B/L/-]
DAY 3: KUCHING – BAKO NATIONAL PARK	[B/L/-]
DAY 4: KUCHING – MENYANG TAIS LONGHOUSE	[B/L/D]
DAY 5: KUCHING – MENYANG TAI LONGHOUSE – TINTING EMPELIAU	[B/L/D]
DAY 6: KUCHING – MENYANG TAIS LONGHOUSE – DRIVE TO KUCHING	[B/L/-]
DAY 7: KUCHING – MULU – DEER & LANG CAVES	[B/-/-]
DAY 8: MULU – WIND & CLEARWATER CAVES	[B/L/-]
DAY 9: MULU – KOTA KINABALU / SABAH	[B/-/-]
DAY10: KOTA KINABALU – PORING HOT SPRING & KINABALU PARK	[B/L/-]
DAY11: KOTA KINABALU – DAY AT LEISURE – BEACH	[B/-/-]
DAY12: DEPARTURE	[B/-/-]

Note: [B = Breakfast / BR = Brunch / L = Lunch /D = Dinner]

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GUARANTEED DEPARTURES: 2022

FRIDAY	7.1.2022	TUESDAY	18.1.2022
FRIDAY	14.1.2022	TUESDAY	25.1.2022
FRIDAY	21.1.2022	TUESDAY	1.2.2022
FRIDAY	28.1.2022	TUESDAY	8.2.2022
FRIDAY	4.2.2022	TUESDAY	15.2.2022
FRIDAY	11.2.2022	TUESDAY	22.2.2022
FRIDAY	18.2.2022	TUESDAY	1.3.2022
FRIDAY	25.2.2022	TUESDAY	8.3.2022
FRIDAY	4.3.2022	TUESDAY	15.3.2022
FRIDAY	11.3.2022	TUESDAY	22.3.2022
FRIDAY	18.3.2022	TUESDAY	29.3.2022
FRIDAY	25.3.2022	TUESDAY	5.4.2022
FRIDAY	1.4.2022	TUESDAY	12.4.2022
FRIDAY	8.4.2022	TUESDAY	19.4.2022
FRIDAY	15.4.2022	TUESDAY	26.4.2022
FRIDAY	22.4.2022	TUESDAY	3.5.2022
FRIDAY	29.4.2022	TUESDAY	10.5.2022
FRIDAY	6.5.2022	TUESDAY	17.5.2022
FRIDAY	13.5.2022	TUESDAY	24.5.2022
FRIDAY	20.5.2022	TUESDAY	31.5.2022
FRIDAY	27.5.2022	TUESDAY	7.6.2022
FRIDAY	3.6.2022	TUESDAY	14.6.2022
FRIDAY	10.6.2022	TUESDAY	21.6.2022
FRIDAY	17.6.2022	TUESDAY	28.6.2022
FRIDAY	24.6.2022	TUESDAY	5.7.2022
FRIDAY	1.7.2022	TUESDAY	12.7.2022
FRIDAY	8.7.2022	TUESDAY	19.7.2022
FRIDAY	15.7.2022	TUESDAY	26.7.2022
FRIDAY	22.7.2022	TUESDAY	2.8.2022
FRIDAY	29.7.2022	TUESDAY	9.8.2022
FRIDAY	5.8.2022	TUESDAY	16.8.2022
FRIDAY	12.8.2022	TUESDAY	23.8.2022

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FRIDAY	19.8.2022	TUESDAY	30.8.2022
FRIDAY	26.8.2022	TUESDAY	6.9.2022
FRIDAY	2.9.2022	TUESDAY	13.9.2022
FRIDAY	9.9.2022	TUESDAY	20.9.2022
FRIDAY	16.9.2022	TUESDAY	27.9.2022
FRIDAY	23.9.2022	TUESDAY	4.10.2022
FRIDAY	30.9.2022	TUESDAY	11.10.2022
FRIDAY	7.10.22	TUESDAY	18.10.2022
FRIDAY	14.10.22	TUESDAY	25.10.2022
FRIDAY	21.10.22	TUESDAY	1.11.2022



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ITINERARY IN DETAILS

DAY 01/ FR ARRIVAL IN KUCHING / SARAWAK

KUCHING The charming city of Kuching, Sarawak's capital, is surrounded by a number of interesting National Parks, longhouses and the famous Sarawak Cultural Village, all easily visited on a day trip. Arguably one of the most attractive cities in Southeast Asia, Kuching has adopted modern amenities without losing its charm. The river, once an important transport link, is still a central feature of the city with the beautifully landscaped waterfront promenade providing a relaxing venue for strolling both day and night.

Arrive in Kuching.

Meet & Greet by your English speaking guide. Transfer to your hotel.

Rest of the day is free at leisure to discover historic Kuching.

Accommodation at either Lime Tree 3* Hotel or The Waterfront 4* Hotel in Kuching

DAY 02 /SA KUCHING – SEMENGGOH ORANG UTAN & KAYAKING

Breakfast at your hotel.

0750-0810hrs pick up from hotel. From Kuching proceed to the Semenggoh Wildlife Centre. Located 24 kilometres from the centre of Kuching, the Semenggoh Wildlife Centre provides an excellent opportunity to view semi-wild orangutans in a natural setting. This orangutan rehabilitation centre receives orphaned or rescued orangutans and trains them to survive in the wild. Over 20 orangutans live in forest within the nature reserve, and they often return to the centre to receive supplemental feeding. The feeding area is set in a natural amphitheatre where it is possible to observe the orangutans coming down from the surrounding forest for the food provided. The rangers provide a briefing on the purpose of the centre and the conservation objectives.



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Depart Semenggoh and continue to Bengoh, the starting point of your kayak adventure. Float down a river that meanders through limestone hills clad with tropical rainforest. The generally peaceful flat water is punctuated with Class 1 to Class 2 rapids providing a thrilling water ride. Take breaks along the way to savour the beauty of the jungle, visit a friendly Bidayuh Village and have a swim in the cool refreshing mountain water. Enjoy a light picnic lunch on the sandy riverbank. End the trip at the picturesque village of Semadang and then return to Kuching. Overnight at hotel.

Note:

- You may want to bring a spare change of clothes and a towel.
- We suggest a good sun block, hat and shoes that are not afraid to be wet.
- Any equipment that you may bring should be placed in a watertight plastic bag. A bottle of mineral water is included.

Accommodation at either Lime Tree 3* Hotel or The Waterfront 4* Hotel in Kuching

DAY 03 / SU BAKO NATIONAL PARK

Bako National Park is one of the best places in Sarawak to see wildlife in a natural setting. Commonly spotted at Bako are the Borneo endemic proboscis monkeys, silvered langurs (monkeys), long-tailed macaques, wild boar, monitor lizards and numerous species of birds. The Park has an impressive range of forest types from mangrove to kerangas (heath forest), tropical swamp vegetation, cliff vegetation and beach vegetation. A trail network provides access to different parts of the depending on level of fitness and areas of interest. The park's spectacular coastline is dotted with small bays, coves and beaches.



Breakfast at your hotel.
0750 - 0810hrs pick up from hotel in Kuching.

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Bako National Park is situated on a peninsula on the coast and the departure point for trips to the park is Bako village, a 35 minute drive from Kuching. From the village, proceed by boat for approximately 25 minutes to the park headquarters. En route there is a chance to see crocodiles, sea eagles and other shore birds. Arrive at the park HQ and begin exploring the trails and searching for wildlife.

Return to Kuching mid-afternoon.
Overnight at hotel.

Please note schedule may depend on tide.

Accommodation at either Lime Tree 3* Hotel or The Waterfront 4* Hotel in Kuching

DAY 04 / MO KUCHING – MENYANG TAIS LONGHOUSE

Journey to Sarawak's interior where you will be guests of an Iban community. Rainforests, rivers, and up river hospitality all combine to provide a traveller's experience in the Heart of Borneo. The setting is rustic, but the accommodation is a comfortable jungle lodge set in the rainforest on the bank of a clear jungle stream. The protected areas in the vicinity are also home to the iconic orang utan.

Breakfast at the hotel.



0750-0810hrs pick up from hotel in Kuching and drive to Batang Ai reservoir. Along the way stop at Lachau Bazaar. Stroll around the shops and the small native market and have an early lunch in a local coffee shop. Then continue your journey,

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arriving at Batang Ai Lake around 1330-1400 hours. Then proceed by longboat (30 minutes) across the lake and upriver to Menyang Tais. Arrive at the Menyang Tais longhouse jetty. Then take a 15 minute walk to the longhouse. Upon arrival meet your Iban hosts. In the evening, relax on the ruai (common verandah) and spend time with the Iban people.

Overnight in the longhouse.

Accommodation at traditional Jungle Longhouse (clean and comfortable)

DAY 05 / TU MENYANG TAIS LONGHOUSE – TINTING EMPELIAU

Following breakfast depart the longhouse and go jungle trekking. Our destination is Tinting Empeliau the lush forest where wild orangutans are occasionally spotted. Explore the rainforest and have lunch en route. Return to the longhouse mid-afternoon.

Overnight in the longhouse.

Accommodation at traditional Jungle Longhouse (clean and comfortable)

DAY 06 / WE MENYANG TAIS LONGHOUSE – KUCHING

Following breakfast depart for a short jungle walk around the village area or visit one of the local farms nearby. Return to the longhouse and continue by longboat to Batang Ai reservoir jetty, arriving around 1030-1100 hours. Then travel overland back to Kuching with lunch enroute. Arrive in Kuching approx. 1630 hours and be dropped off at your hotel.

Overnight at hotel.

Accommodation at either Lime Tree 3* Hotel or The Waterfront 4* Hotel in Kuching

DAY 07 / TH KUCHING – FLIGHT TO MULU – DEER & LANG CAVES

Gunung Mulu National Park is justifiably famous for its limestone karst formations, some of the most spectacular caves on earth. Mulu is home to world's largest underground chamber (the Sarawak Chamber), the world's largest cave passage (Deer Cave) and the longest cave in Southeast Asia (Clearwater Cave). Listed as a World Heritage Site in 2000, the park is dominated by three mountains - Mulu, Api and Benarat - and covers 52,000 hectares of primary rainforest. Four "show caves" can be visited as day trips from the park HQ. These are accessed by jungle trails, plank walkways or pathways through the caves. The Mulu experience is not confined solely to its caverns. The park's biodiversity is as impressive as its caves with Mulu containing 15 different types of forest - including mixed dipterocarp, heath, peat swamp, moss forest and montane vegetation - and thousands of species of ferns, fungi, mosses and flowering plants. Mulu is also home to a wide variety of mammals, reptiles, birds, amphibians, fish and insects and other invertebrates. In addition to the show caves there are a number of jungle trails and adventure treks that enable visitors to experience the rainforest. These include the Gunung Mulu Summit Trek, the climb to see the Pinnacles of Gunung Api and the Headhunters' Trail which combines river travel, trekking and a stay in a longhouse.

Breakfast and early check out before transfer to airport for departure flight to Mulu.

Upon arrival in Mulu, transfer to park HQ for registration followed check-in.

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1415hrs depart the park HQ and take a scenic 3 km plankwalk through primary rainforest to the entrance of Deer Cave. Deer Cave is the world's largest cave passage. Its scale is awesome and you are in no doubt how huge it is when you arrive at the cave entrance. The entrance of the cave is 150 m wide and 120 m high. Nowhere in this massive cave is the roof less than 90 m high. The cave has a moon-like landscape and from one vantage point, a perfect profile of President Lincoln can be observed. Next to Deer Cave is Langs Cave. The stalactites and stalagmites inside this cave are representative of the very best limestone formations in the park. After viewing the two caves, proceed to the Bat Observatory outside Deer Cave. Most evenings at sundown, a spectacular exodus of about 2 million of bats can be observed as they leave the cave in search of food. Then trek back to the park HQ by torchlight and return to your accommodation.

Optional: visit the 480-meter long Mulu Canopy Skywalk, one of the World's longest tree-based canopy walks. Maximum of 6 people allowed on skywalk at any one time. Advance booking required.



Accommodation at Gunung Mulu National Park in clean and comfortable Lodges.

DAY 08 / FR MULU – WIND & CLEARWATER CAVES

0830hrs - Pick up from accommodation and proceed by longboat upriver to Wind Cave with its impressive 'King's Chamber'. Here, stalactites and stalagmites with delicate lace-like patterns are found. A short walk along a plankwalk next to the limestone cliff followed by a climb up approximately 250 concrete steps and you arrive at the entrance to Clearwater Cave. Like most caves in Mulu, Clearwater Cave provides a habitat for unique species of plants. One of these, the one-leafed plant can only be found at Mulu. Photo-sensitive algae grow on certain rocks and produce needle-like formations that point towards the source of light. Near Clearwater Cave there is a wonderful swimming

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area shaded by giant rainforest trees. Enjoy a simple picnic or packed lunch, swim or relax before returning to your accommodation.

Accommodation at Gunung Mulu National Park in clean and comfortable Lodges.

DAY 09 / SA MULU – FLIGHT TO KOTA KINABALU

Following breakfast, free until check out before transfer to Mulu airport for departure flight out to Kota Kinabalu.

Kota Kinabalu or KK is the state capital of Sabah. The city has good transport links and a range of good city and resort hotels. Kota Kinabalu's coastal location and mountain backdrop give it one of the most spectacular settings of any city in Malaysia. One of the great things about KK is the streetlife - the busy coffee shops, the waterfront markets and generally buzz about the place. Some of the best seafood in Malaysia can be found in KK and the beaches, reefs and islands of the Tunku Abdul Rahman Marine Park are just 15 minute boat ride from the city centre.

Meet and transfer to preferred choice of hotel for check in.
Overnight at hotel.

Accommodation at Dreamtel 3* Hotel or Jesselton 4* Hotel in Kota Kinabalu

DAY 10 / SU KOTA KINABALU – PORING HOT SPRINGS & KINABALU PARK

Kinabalu Park, covering an area of 754 sq. km, was the first national park in Sabah. Owing to its unique and varied ecology the park was listed as a UNESCO World Heritage Site in 2000. The park is dominated by Mount Kinabalu, at 4,095 metres one of the highest peaks in Southeast Asia. The slopes of Mount Kinabalu are home to an incredible variety of plants and animal species varying according to the different elevation zones on the mountain and the distinct microclimate and habitat of each zone. The lower slopes are covered in lowland dipterocarp forest; above 1,200 m there is lower montane forest and at elevations above 2,600 m the cloud forest is characterized by a wonderful diversity of flowering plants. Above 3,300 m is the sub-alpine meadow zone of stunted trees and shrubs. Above 3,700 m the strong winds and rain make it hard for plants to survive. The park has a number of trails and offers a range of activities and experiences, including the summit climb. The main park entrance and headquarters is located 90 km from Kota Kinabalu at an elevation of 1,520 m above sea level.

Breakfast and early check out.

0700hrs depart Kota Kinabalu for the 3-hour drive to Poring Hot Spring. En route, make a stop at Nabalu village to savour local fruits and to shop for local handicrafts. There is also a look out tower providing views of the surrounding area and of Mount Kinabalu. Upon arrival at Poring proceed to the canopy walkway for a chance to observe wildlife and the trees from 100 feet above the forest floor. Afterwards take a dip in one of the soothing, hot mineral springs set in beautifully landscaped gardens. Poring also has an

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interpretive centre with information on the local flora and fauna. Proceed to the UNESCO World Heritage site of Kinabalu Park. Explore the mountain gardens – home to many species of orchids, pitcher plants, birds, insects and butterflies – with your guide before check in a nice beach resort.

Accommodation at Beringgis Beach Resort 3* or Nexus Karambunai Resort 4* in Kota Kinabalu

DAY 11 / MO KOTA KINABALU – FREE DAY

Breakfast at the hotel.

Today is a free and easy day. Enjoy the beach, the warm sea and the facilities of your resort.

Accommodation at Beringgis Beach Resort 3* or Nexus Karambunai Resort 4* in Kota Kinabalu

DAY 12 / TU DEPARTURE

Breakfast at your Beach Hotel.

Check out from hotel and guests will be met in the hotel lobby for transfer to the airport for their departure flight. Guide will assist in check out from hotel, check in for flight. Departure from Kota Kinabalu via Singapore or Kuala Lumpur to Australia.

(OPTION for Beach Extension in selected Hotels on request.)

***** END OF OUR SERVICES *****

Date: October 10, 2021/MS

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